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[lemeridienoakbrook.com](http://lemeridienoakbrook.com)

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Spa Suites by

*Le* **MERIDIEN**  
CHICAGO-OAKBROOK CENTER



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CHICAGO-OAKBROOK CENTER



#### **AGE POLICY**

Minors 17 years and under are not permitted to receive services at Spa Suites by Le Méridien Chicago - Oakbrook Center.

#### **CANCELLATION POLICY**

A 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrivals will shorten your treatment time.

#### **SPA ETIQUETTE**

Our spa environment is one of relaxation and tranquillity. In light of this, the spa is a smoke free zone.

#### **HEALTH CONDITIONS**

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

#### **GIFT CERTIFICATES**

An ideal gift for someone special. Please contact our Service Center for details.

#### **HEMOCARE RETAIL**

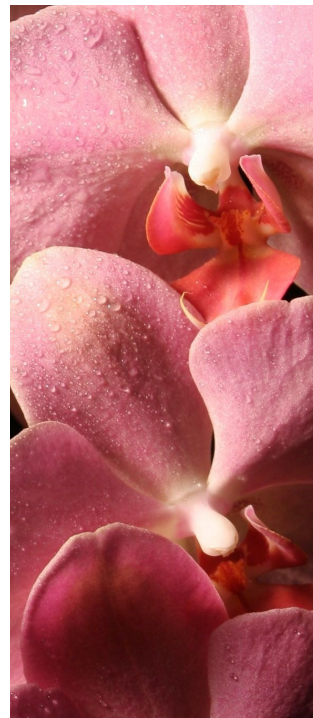
To continue your spa experience at home, most products used in our treatments are available for purchase at the front desk.

#### **VALUABLES**

Spa Suites by Le Méridien Chicago - Oakbrook Center accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

#### **PRICES**

All prices are subject to change at any time. Gratuities are not included and are welcomed at your discretion. Applicable sales tax charges also apply.



## HOW TO SPA

### SPA TREATMENT TIMES

Tuesday-Thursday 8:00 AM to 8:00 PM      Friday and Saturday 9:00 AM to 7:00 PM      Sunday 8:00 AM to 2:00 PM

### SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Service Center who will be able to guide you to the right choice.

Appointments can also be booked online at [www.lemeridienoakbrook.com](http://www.lemeridienoakbrook.com). To ensure your preferred time and service is available we recommend to book in advance. All spa treatments will need to be guaranteed with a credit card.

### ARRIVAL TIME

Please allow sufficient time before your treatment to complete a spa consultation form and/or health questionnaire. We recommend you arrive at least 15 to 20 minutes prior to your treatment so that you can relax and enjoy the Hub. Please be advised that late arrivals will result in a reduction of treatment time.

The spa will provide luxurious towels, robes and slippers and any amenities required for use during your spa visit.

### SUITE AMENITIES AND ACCESS

The following spa amenities are available at Spa Suites by Le Méridien Chicago - Oakbrook Center: a stone tiled rain shower steam room, 32" heated mosaic tile bed amidst ten body sprayers, soaking tub and large relaxation lounge.

Treatments of 50 minutes or longer will include an additional 40 minutes of complimentary relaxation time. Express services of 25 minutes will include an additional 20 minutes of complimentary relaxation time when booked individually. If guests wish to extend their relaxing time inside the suite, additional time may be booked at a charge of \$45 per 60 minute increments.

### IN ROOM DINING

Spa Suites by Le Méridien Chicago - Oakbrook Center will be offering a nutritional and healthy menu created by Le Méridien Chicago - Oakbrook Center's Executive Chef. Items can be delivered directly to your suite.

## SPA SUITES BY LE MÉRIDIEN CHICAGO - OAKBROOK CENTER

Inspired by the centuries-old traditions of social European spa cultures, Spa Suites by Le Méridien Chicago - Oakbrook Center revitalizes the spa experience. The spa suites pulse with magnetic energy and artful displays, enabling curious minds to discover the good life while engaging with their surroundings and signature treatments.

Each suite offers exclusive services, inspired by the local culture, designed to tap into your sense of creativity and discovery. Signature touch points subtly signify transitions between services and set the Spa Suites by Le Méridien Chicago - Oakbrook Center experience apart.

## TREATMENTS

ESPA has created a collection of result-oriented treatments. ESPA therapists are hand selected and trained extensively to ensure their skills and knowledge base is second to none. This rigorous training elevates the treatment experience at Le Méridien Chicago - Oakbrook Center to new heights due to ESPA's technically advanced, holistic and personalized approach.

## PRODUCTS

As global leaders in spa, ESPA are to be found in prestigious spas across five continents and are dedicated to producing results-driven, natural skincare that is a pleasure to use, ensuring skin looks at its best at every stage of life. ESPA's award winning products are as unique as they are effective, they are tested each and every day by a highly trained and extremely professional global network of therapists, and are loved by men and women alike.



**MEN'S PURIFYING FACIAL** 50 minutes \$100

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalized treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs.

**DEEP MUSCLE MASSAGE** 50 minutes \$110                      80 minutes \$145

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, lower back pain and sore, tight shoulders.

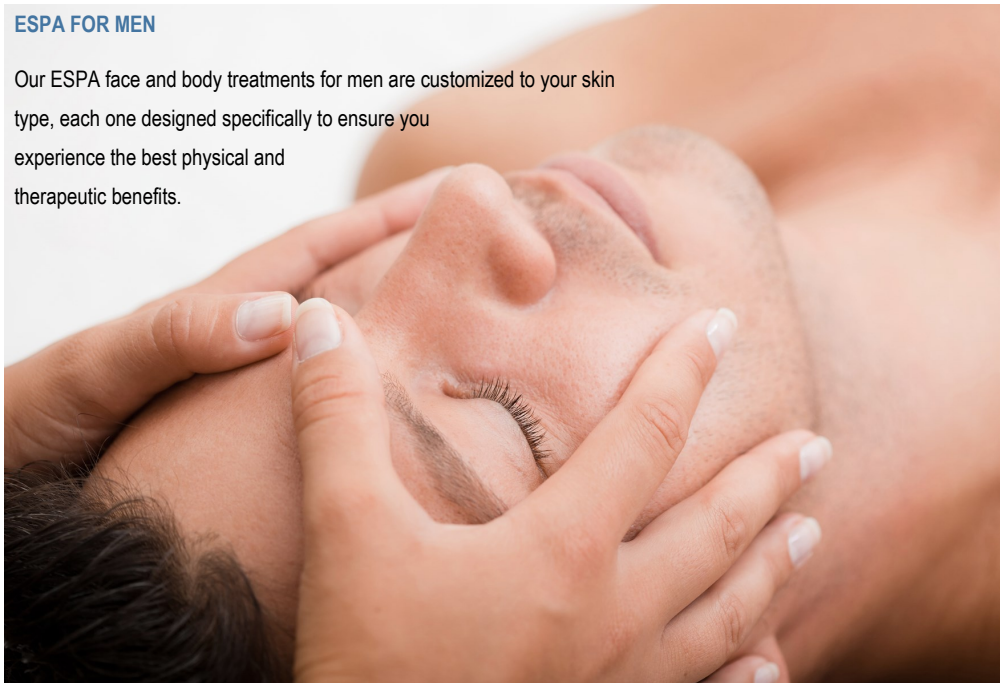
Why not complement your treatment with:

**SALT & OIL SCRUB** 25 minutes \$60

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage. For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

## ESPA FOR MEN

Our ESPA face and body treatments for men are customized to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits.



## SIGNATURES

ESPA has created two powerful signature treatments to completely restore the body's vitality and vibrance. Signature treatments include an additional 40 minutes of complimentary relaxation time.

### RELAX & REFLECT 90 minutes \$170

Allow yourself time to relax and discover true balance and harmony. Enjoy a gentle skin cleanse involving the relaxing salt scrub followed by a one hour personalized body massage using our restorative aromatherapy oil blend of Sweet Orange, Palmarosa and Rose Geranium. A therapeutic scalp massage completes this experience.

### TASTE OF HEAVEN 60 minutes \$110

This treatment soothes aching muscles and targets the back, neck, legs and feet. Enjoy a soothing full body exfoliating salt scrub followed by a deeply relaxing therapeutic massage – the perfect treatment to restore energy to a weary back, feet and legs.

## ESPA FACIALS

Our facials begin with a detailed consultation and in-depth skin analysis using SkinVision™ technology to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, to include cleansing, exfoliation, steam and extraction where necessary, and a treatment specific massage, mask and intensive serum. Finally, skincare products are chosen for your individual needs to achieve the best possible results. ESPA Facials include an additional 40 minutes of complimentary relaxation time.

To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

### ESPA PERSONALIZED FACIAL 50 minutes \$110

This expert facial is specifically tailored to you and will include deep cleansing, exfoliation, steam and gentle extraction where needed, and a treatment specific massage and mask. Finally, ESPA skincare products including an intensive booster serum are chosen to suit your individual needs to achieve maximum results.



**PRE & POST NATAL TREATMENT**      50 minutes \$100      80 minutes \$130

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches, whilst helping to relax, restore and revitalize. A course of 6 treatments is recommended following the first trimester of pregnancy.

Includes: *Back exfoliation (if required) - body/scalp massage - this treatment is tailored to your specific needs but can not be performed during your 1st trimester.*

**HUB CHAIR MASSAGE**      15 minutes \$20

An express massage designed for those on the go, tailored to individual needs. This particular massage is conveniently located in the Le Méridien Hub.

**ESPA EXPRESS**

25 minute ESPA treatments to complement your personalized massage:

**HOT SHOT**      25 minutes \$60

Rejuvenate the body with a back massage to unwind and re-energize. This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs.

**SALT & OIL SCRUB**      25 minutes \$60

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage. For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

*\*Each ESPA Express Treatment includes a complimentary 20 minutes of relaxation time when booked individually.*

**MEN'S PURIFYING FACIAL**      50 minutes \$100

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalized treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs.

Why not complement your treatment with:

**LIFT & FIRM EYE TREATMENT**      25 minutes \$35

Perfect for those who are concerned with the first signs of ageing around the eyes. An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches.

*\*Lift & Firm Eye Treatment cannot be booked as a stand-alone service.*

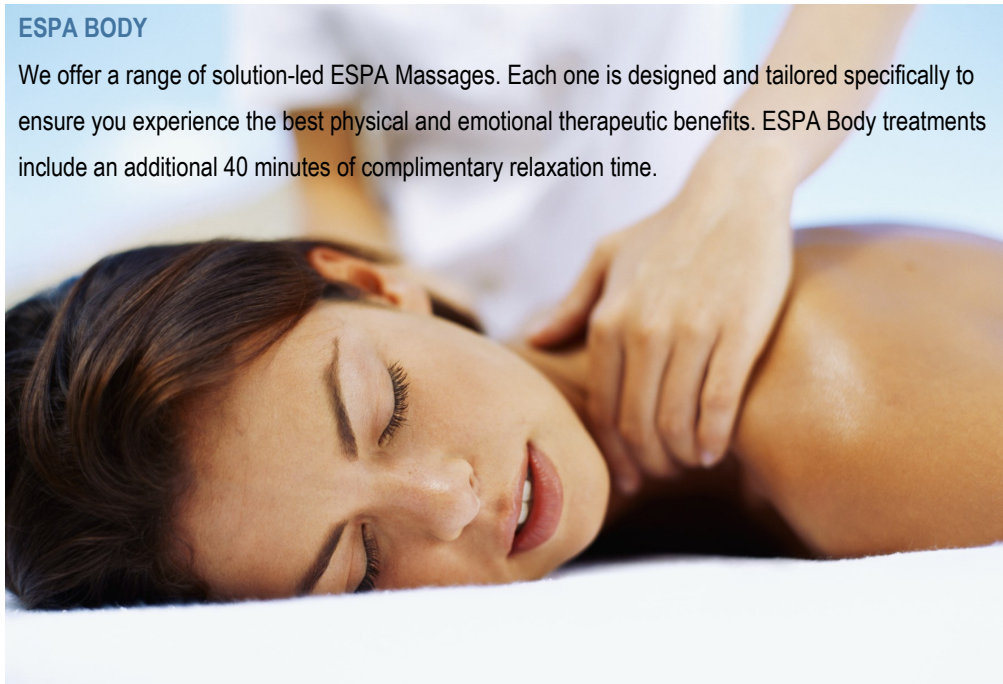
**ORIENT EXPRESS**      25 minutes \$65

Perfect for those looking for a pre-party pick me up to ensure your skin looks hydrated, revitalized and radiant. Your therapist will select the most suitable express facial and products for your skin that day.



## ESPA BODY

We offer a range of solution-led ESPA Massages. Each one is designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits. ESPA Body treatments include an additional 40 minutes of complimentary relaxation time.



### AROMATHERAPY MASSAGE

50 minutes \$115

80 minutes \$145

ESPA Aromatherapy Massage is essential, professional and specific, using a blend of individually chosen oils. A personal consultation will ensure that you receive a unique treatment to suit your specific needs.

### SWEDISH MASSAGE

50 minutes \$95

80 minutes \$130

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension. This treatment is ideal as an introduction to massage; stimulating movements help soothe tired aching muscles to leave you relaxed and revived.

### DEEP MUSCLE MASSAGE

50 minutes \$110

80 minutes \$145

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, lower back pain and sore, tight shoulders.

### COUPLES MASSAGE

50 minutes \$190

80 minutes \$260

Our ESPA Couples Massage allows complete privacy to enjoy the ultimate spa experience. This is perfect for sharing indulgent relaxation time with a friend or loved one. Our spa suite will be your haven of tranquility for 50 or 80 minute treatments. Deep Muscle and Aromatherapy Couples Massages are also available for an additional \$15 per person.

\*Each ESPA Body treatment can be performed in-room. Ask your Service Center Agent at the time of booking for more information.